

SUMMER 2020 ACTIVITY COURSES



Welcome to our Summer 2020 holiday activity courses.

We have an exciting range of high quality, fun and interactive sporting and non-sporting activities to suit both boys and girls.

To book a place, please click on the link below to complete the online booking form:

www.highfieldandbrookham.co.uk/extra-dimensions/holiday-activities

Highfield School, Highfield Lane, Liphook, Hampshire, GU30 7LQ
activities@highfieldschool.org.uk 01428 728048 www.highfieldschool.org.uk

KEEPING YOUR CHILDREN SAFE

In planning our holiday activities for this year of rather unusual circumstances, the health, safety and wellbeing of both staff and children has been carefully considered. The courses we have chosen have been selected from those which we believe can be run safely in line with Government guidelines, without spoiling the enjoyment for children.

If your child or anyone else in your household is displaying COVID-19 symptoms or has a confirmed case of COVID-19, we ask that your child does not come on the course. In this instance, please email activities@highfieldschool.org.uk to cancel your booking. A current list of symptoms can be found at nhs.uk/conditions/coronavirus-covid-19/symptoms.

We reserve the right to refuse admission if we believe your child is displaying any of these symptoms on arrival at the course.

ADDITIONAL HYGIENE AND SAFETY MEASURES

HYGIENE

- Enhanced and regular cleaning routines of equipment and high-contact touch points.
- Children will have a regular handwashing / sanitising routine (before and after all activities). We do ask that parents remind their children, prior to the course, about the hand washing/sanitising requirements
- We ask, according to Government guidelines, that children wear a clean set of clothes each day that they attend a course

REGISTRATION

- Contactless sign in/sign out. We will not be asking parents to sign any registers.
- The Government requests that we collect and keep for 21 days, the contact details for everyone who books onto a course and who drops their child/children at the course in order to help with the Test and Trace programme. Therefore anyone entering the site will be asked for their details if we do not already hold them.

SOCIAL DISTANCING

- Social distancing will be monitored at all times in line with up to date guidance.
- Children will be grouped into 'bubbles' of between 5 and 15 children depending on the course and bubbles will not mix throughout the day.
- Courses will be of a set length (between 1 and 3 days) and will only be bookable for the full duration of the course in order to ensure that the children in the groups are kept consistent.
- Lunch/break times will be held outside with social distancing still in place. Sharing of food and/or drinks will not be permitted and will be monitored

WEATHER

- Activities will take place outside (with the exception of Cookery). We will, even in the case of rain, continue to run the courses outside. If the weather is such that it is too dangerous or impossible to continue outside, we will go inside. Our course booking number restrictions are such that we can remain socially distant even indoors.
- All activities will be non-contact – no tag or invasion games.

MEDICAL

- When administering first aid, the Course Instructor will wear full PPE
- If you or anyone in your household develop symptoms associated with COVID-19 or are confirmed to have a case of COVID-19 within 14 days of attending a course, please inform us as soon as possible at activities@highfieldschool.org.uk

JUNIOR COOKERY (6-8yrs)	18th - 19th August	9:30 - 3:30	£99
SENIOR COOKERY (9-13yrs)	20th - 21st August	9:30 - 3:30	£99

For all those budding chefs out there, Sophie Neish of Sophie Cooks will be delivering another fantastic course full of delicious culinary delights.

We are running two courses this Summer aimed at different age groups; 6-8yr olds and 9-13yr olds. The older age group course will involve more detailed and complex recipes, as well as more advanced knife skills.

Each day following a demonstration by Sophie, children will prepare, cook and enjoy delicious morning and afternoon snacks and 2-course lunch. There will be a variety of dishes which cover different cuisines, so children will experience plenty of new and exciting taste sensations. And there's always plenty leftover to bring home for families to enjoy.

FOOD ALLERGIES: please identify any allergies on the application form.

PLEASE NOTE: There are only 10 places available on each course

HOW WILL WE KEEP CHILDREN SAFE ON THE COURSE?

In addition to the measures mentioned on the first page of the brochure:

- All children will be allocated their own equipment
 - Only 1 child per table
 - A one way system in place for the children
 - Only 1 child at a time in the toilets to wash hands
- Floor stickers marking where children must stand when at their table and when watching cookery demonstration

TENNIS (6-10yrs)	10th - 11th August	9:30 - 2:30	£69
	18th - 19th August	9:30 - 2:30	£69

If you are looking for a tennis course in which your child will receive high quality and engaging tennis coaching, why not come along and try out our holiday tennis course.

The camp will be run by our in-house coaches: Graham Holmes and Michael Chapman.

We pride ourselves in delivering coaching of the highest standard where the emphasis and importance of teaching good technique is equal to making it as much fun as possible.

The course is suited to beginners through to intermediate players and children will be split into groups by age with a dedicated coach for each age group.

In all sessions, the coaches will work with the children on all areas of stroke technique, run energetic drills and fitness challenges.

PLEASE NOTE: There are only 15 places available per course date

HOW WILL WE KEEP CHILDREN SAFE ON THE COURSE?

In addition to the measures mentioned on the first page of the brochure:

- All children will have their own tennis racket (either from home or loaned by the school)
- Courts will be separated from one another using mini nets to reduce cross over of balls between groups
 - If we have to go inside, as there will only be 15 children, social distancing guidelines will be met
 - Children will have designated 'stations' at which to leave their bags/drink bottles/packed lunches

FOOTBALL (5-10yrs)	20th- 21st August	9:30 - 3:30	£49
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We are delighted to be welcoming ActiveMe360 to deliver an exciting and energetic Football course on our brand new Astro pitch.

The passionate team of FA qualified coaches will work with the children in technical sessions designed to build their skills and in group games and fun competitions to ensure the course has the right balance of focussed technical work and relaxed, lighthearted fun. There will of course also be a few thrilling small sided matches thrown in so they can put into practice the skills they've been working on.

Children will be grouped according to age/ability. If any of the children taking part particularly excel or perhaps need more help than others, the experienced team will be able to group them appropriately.

PLEASE NOTE: only trainers or Astro boots are permitted - NO STUDES PLEASE

PLEASE NOTE: There are only 20 places available on this course

HOW WILL WE KEEP CHILDREN SAFE ON THE COURSE?

In addition to the measures mentioned on the first page of the brochure:

- All games/tournaments will be kept to small sides to reduce potential for close contact
 - Bubbles will not play together
- Dedicated bibs will be given to children to be worn for whole day to avoid potential accidental wearing of another child's bib
- Children will have designated 'stations' at which to leave their bags/drink bottles/packed lunches

PHOTOGRAPHY (9-13yrs)	24th August	9:00 - 3:30	£70
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This course is perfect for everyone - from those who want to learn photography from scratch to those who already know their way around a camera, but want to improve their skills.

We are delighted to be welcoming back the team from Sharp Shots Photo Club who will inspire children to want to race out and photograph the world in a whole new light!

Nature is the theme for this course and our wonderful grounds with endless beautiful natural resources - woodland, parkland, flowers, wildlife, character buildings and features offer a whole host of wonderful photographic opportunities. Children will learn how to blur backgrounds behind flowers and leaves and how to compose beautiful big views through their camera viewfinders. We'll also look for flying insects to practice focus and shutter speed, trying to capture the bugs as they land on the flowers and plants.

Children will finish the day with a great portfolio of images. For those who hire a camera, the images will be accessible through a link which will be sent to parents to download.

On the course children will use DSLR cameras to take their shots. If your child has their own DSLR camera, please do bring this along (and don't forget the camera charger!). **For those children who don't have their own camera, it is possible to hire one for an additional charge of £10.**

PLEASE NOTE: There are only 10 places available on this course

HOW WILL WE KEEP CHILDREN SAFE ON THE COURSE?

In addition to the measures mentioned on the first page of the brochure:

- All children will have their own camera (either from home or hired from school)
 - Only 10 children on course
- Time will be almost exclusively spent outside (except for toilet use and first aid).
- Each child will have their own table in the indoor 'image review and download' space for when images need to be downloaded/printed. Tables will be a minimum of 2m apart

MULTI-SPORTS (5-10yrs) 24th - 26th August 9:30 - 3:30 £105

Our Multi-Sports course is a great way for children to enjoy an action packed, fun and positive Summer. With access to our fantastic new Astro pitch, beautiful woodland, tennis courts and grounds, children will have plenty of fresh air as they race around.

However it's not just about sport. Of course children will have a great time playing fun games, team sports and outdoor pursuits, but in addition to this, the course leaders will ensure that all the activities which take place will actively help in developing and encouraging children's social and personal skills so that both minds and bodies are healthy.

PLEASE NOTE: There are only 20 places available on this course

HOW WILL WE KEEP CHILDREN SAFE ON THE COURSE?

In addition to the measures mentioned on the first page of the brochure:

- No contact sports or games will be played
- Time will be almost exclusively spent outside (except for toilet use and first aid). Unless the weather is extremely poor, in which case the indoor facility is large enough to meet social distancing requirements
- Equipment will be cleaned after each activity

HOCKEY ACADEMY (9-13yrs) 26th - 28th August 9:00 - 3:00 £115

What better way to get your Hockey season started!

Our Hockey Academy is aimed at outfielders of all abilities. Our fantastic team of qualified coaches will work with children covering all attributes of the game - technical, tactical and physical. This means that each child, regardless of their level, will leave the course having really developed their ability.

The course will take place on our fantastic new Astro pitch and is aimed at all levels from beginners to high performance and groups will be split according to ability. So, whether you are a beginner or an aspiring international, we can help you develop your hockey.

We can supply hockey sticks if you need one but please ensure you bring your shin pads and gumshield.

PLEASE NOTE: only trainers or Astro boots are permitted - NO STUDS PLEASE

PLEASE NOTE: There are only 20 places available on this course

HOW WILL WE KEEP CHILDREN SAFE ON THE COURSE?

In addition to the measures mentioned on the first page of the brochure:

- All children will have their own stick (either from home or loaned from school)
 - Only 10 children per coach
- The course will have the whole Astro to itself giving plenty of space to each bubble
- Time will be almost exclusively spent outside (except for toilet use and first aid). Unless the weather is extremely poor, in which case the indoor facility is large enough to meet social distancing requirements

SWIMMING LESSONS (5yrs and above) 19th Aug - 28th Aug 1:1 £27

We are delighted to announce that we are now able to run swimming lessons this summer and get children back into the water.

Our lovely coach Gigi will be running 1:1 lessons and this will be the ideal opportunity after such a long time away from swimming for children to have some refresher lessons.

Due to guidelines, we are unable to run lessons which would require Gigi to be close to a child in the water. Therefore, although she will mostly be teaching from poolside, she will be able to be in the water if necessary (to give the swimmer visual confidence), but she will have to remain at a 2m distance.

To further ensure safety, children must be a minimum of 1m from chin to floor (so their mouth is well above the level of the water), be able to enter the water by themselves and be water confident to a level whereby they can confidently and fully submerge. For the safety of both the child and Gigi and to ensure we are following the guidelines, it is essential that parents do not book lessons if they know that their child will require physical support from Gigi.

Lesson start times for each day are shown in the table below and lessons last for 30 minutes.

Wed 19th - Fri 20th Aug	9:00 - 9:30	9:30 - 10:00	10:00 - 10:30	10:30 - 11:00	11:00 - 11:30
Mon 24th - Fri 28th Aug	9:00 - 9:30	9:30 - 10:00	10:00 - 10:30	10:30 - 11:00	11:00 - 11:30

GENERAL IMPORTANT INFORMATION

CANCELLATION BY THE SCHOOL DUE TO COVID-19

In light of current circumstances our usual 14 day notice of course cancellation may not be possible. We will continue to monitor the situation very carefully following Government guidelines and in the event that the situation deteriorates it could be that due to Government restrictions we may have to cancel a course with as little notice as the day before the course is due to start. Should we be forced to cancel the course an alternative course will be offered if possible or a refund will be given.

Please see the note below regarding payment by childcare vouchers and associated refunds.

CANCELLATION BY PARENT/REFUND POLICY

A refund will be issued for course cancellations made by a parent/guardian based upon the following:

- 15 or more working days before child is due to attend: 100% refund
- 8 to 14 working days before child is due to attend: 50% refund
- 0 to 7 working days before child is due to attend: 0% refund

PAYMENT

We accept payment by bacs, cheque and childcare vouchers

CHILDCARE VOUCHER PAYMENTS: we accept payment by childcare voucher however in the event of a course being cancelled and a refund needing to be given, some childcare voucher providers do not allow credits back into parents accounts. We would therefore recommend that you check with your voucher provider if they will accept a credit back into your account before making payment. We unfortunately cannot offer a bacs, cheque or cash refund for any childcare voucher payments. If payment is made by childcare voucher and the course is subsequently cancelled and your voucher provider won't accept a credit, the amount paid will be put as a credit on your account with us to use for future course dates.

MINIMUM NUMBERS

Most of our courses are subject to a minimum number of children attending.

In the event that this number isn't reached, the course may have to be cancelled. We will endeavour to give 14 days notice of a cancellation.

SIBLING DISCOUNT

We offer a £10 sibling discount (for full course attendance by all siblings only)

MULTIPLE COURSE BOOKING DISCOUNT

Discounts will be applied as follows:

5% if 2 different courses booked

10% if 3 different courses booked

Discount will be applied to the cheapest course.

COURSE COSTS

All courses have set costs, therefore unfortunately **we cannot apply a pro-rata day cost**. Even if you are unable to attend all days of the course, the full cost of the course is chargeable.

PACKED LUNCHES AND DRINKS

For all full day courses, children will need to bring a packed lunch and a non-fizzy drink. Drink bottles will need to be refillable. Please ensure that your children know they must not share their food or drinks with other children.

PLEASE NOTE: we are a nut free school, therefore please could we ask that you do not include any foods or drinks containing nuts in your child's packed lunch or snacks.

TERMS AND CONDITIONS

For a full copy of our non COVID-19 related terms and conditions, please go to: www.highfieldschool.org.uk/Holiday-Activities