



HIGHFIELD SCHOOL OF SWIMMING CHANGING ROOM POLICY

For the safeguarding of children, Highfield School of Swimming follow the Swim England changing room policy, which is as follows:

“Parents should not be in the changing room while their child is changing unless their child is of an age where help is required from parents or if the child requires additional specific assistance. This is generally at an age that is stipulated by the pool hirer, usually seven or eight years of age. In such circumstances, the parent must be the same gender as the child unless the facility has family changing facilities or is a mixed changing village.”

At the Highfield School of Swimming we are aware that this is not always feasible as mums bring their sons and dads bring their daughters. Often children younger than 8yrs are able to change themselves and therefore we ask that children aged 8yrs and over only change in their own gender changing rooms. However, for those that do need help with changing, our policy is that the gender of the parent/guardian of the child determines which changing room they help their child to change in.

I.e. a mum helping her son should be using the female changing rooms and a dad helping their daughter should be using the male changing rooms.

We also ask that parents do not remain in the changing rooms after their children have left for their swim lesson.

Please be aware that we have an accessible changing room facility (to the right of the boys changing room) which can also be used if required.